

61. Confectionary at Nursery

Parents have the option to bring in sweets for their child to share with their group for special occasions; such as returning from holiday, birthdays and leaving to go to school. However as a suggestion, if you return from holiday, maybe a postcard/souvenirs or photos from the holiday might be a more healthy option.

For birthdays, we are happy for parents to bring in a cake for the child to share with the group. This must be a shop bought cake in a sealed box (not homemade). This is normally eaten at snack time whilst the group sing happy birthday. Please inform your child's Key Person if you wish to take the remainder of the cake home.

Only soft sweets are to be given out to the children – we request that parents do not bring hard sweets such as boiled and lollipops into nursery as these are more harmful to teeth. If your child comes in with hard sweets, we will take them off your child which may cause them upset so we politely ask that you do not bring them in to the nursery.

All sweets can be shown to the children during the day as a discussion point, however they are not to be eaten on the premises. At the end of the child's session, the sweets must be handed to the child's parents and NOT to the child. For safety reasons we advise that these are not to be opened until you are off the premises in case a child runs around with a sweet in their mouth as there is a danger of choking.

To celebrate special occasions such as Christmas and Easter and as 'prizes' throughout the year we may give the children sweets; however these will only be soft sweets or a small bar of chocolate and will be given to the parent to be consumed off the premises.

We aim to promote children's life skills through cooking activities each week, these should coincide with the children's focus in their room. On occasion there may be confectionary within the recipes that they children use; we ensure this is age appropriate and if possible substitute it with a healthy option. Again, this is handed to the parents at the end of their child's session or eaten at a meal time at nursery.

This policy was reviewed on	Signed on behalf of the nursery	Date for review
<i>25th September 2017</i>		<i>September 2018</i>