

## 19. No Smoking Policy

EYFS: 3.56
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At La Petite Academy we are committed to promoting children’s health and well-being. This is of the upmost importance for the nursery. Smoking has proved to be a health risk and therefore in accordance with legislation, the nursery operates a strict no smoking policy within its buildings and grounds. It is illegal to smoke in enclosed places.

All persons must abstain from smoking while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises.

Staff accompanying children outside the nursery are not permitted to smoke. We also request that parents accompanying nursery children on outings refrain from smoking while caring for the children.

We request if necessary that a staff member smokes at the start of their break. **STAFF MUST HAVE THEIR LAST CIGARETTE 20 MINUTES BEFORE RETURNING TO WORK ON THEIR LUNCH HOUR.**

Staff must not smoke while wearing nursery uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. If staff choose to smoke during breaks they are asked to smoke away from the main entrance and to be mindful of the local community when disposing of their used cigarette. Staff are asked to use mouthwash and sprays before returning to work with the children after their break as well as washing their hands.

We respect that smoking is a personal choice, although as an organisation we support healthy lifestyles. We aim to help staff and parents to stop smoking by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline - [www.smokefree.nhs.uk](http://www.smokefree.nhs.uk)
- Offering information regarding products that are available to help stop smoking
- Offering in-house support.

This policy also applies to electronic cigarettes.

<b>This policy was reviewed on</b>	<b>Signed on behalf of the nursery</b>	<b>Date for review</b>
<i>21<sup>st</sup> September 2017</i>		<i>September 2018</i>